

## 9th - 13th September

### Star of the Week

Year 1	Hollie
Year 2	Isabella
Year 3	Elwyn
Year 4	
Year 5	Vinnie
Year 6	Ilya



### Head Teachers Award

## Jasmine





### Music Star Award

## Hope



Remember to check out our Facebook page

**Well-being week:** What a wonderful week we have had this week, looking at the Five Ways to Wellbeing! The whole school, from nursery to year six, have been learning about the Five Ways to Wellbeing and how we can use them to support our mental health and wellbeing.

- Monday we looked at making connections and friendship
- Tuesday, we took a brain break and took notice of the world around us
- Wednesday, we had lots of fun getting active in different ways
- Thursday, everyone got curious and tried something new
- Friday to mark Children in Need we have been thinking about giving and how we can be kind to ourselves and others.

Ask your children what they have learnt this week. You can find out more about the five ways to wellbeing here, <https://www.bbcchildreninneed.co.uk/schools/primary-school/five-to-thrive-hub/>  
<https://www.mind.org.uk/workplace/mental-health-at-work/taking-care-of-yourself/five-ways-to-wellbeing/>



#### Children in Need:

A huge thank you to the children and families for making this year's Children in Need day such a fun and colourful one. Thank you for all your fundraising efforts in what has been such a very difficult year for so many people. Look out for pictures in next weeks newsletter.



**School Council:** The school council met on Thursday to discuss school meals. Our fabulous cook Tracy was present to answer questions and here new ideas from the council members about what they would like to see happen. The council were also very lucky to receive a few extra goodies from Tracy to taste and give their opinions on.



**Operation Encompass:** On Monday, Year five were visited by a department of Northumbria Police, to take part in a workshop about friendship. They learnt about the balance of power in any relationship, and how to make sure that balance stays equal. If the balance wasn't equal, they discussed what they could do about it. The children looked at different dilemma's and had to decide what they could do in each situation; some were a little tricky. All of Year 5 agreed that they learnt a lot from the workshop and could use what they had learnt in their day-to-day life.

**Flu Vaccination:** A reminder to parents that on **Thursday 19th November** the children will receive their flu vaccinations in school. If your child's form was not returned in time then unfortunately they will not be able to receive their vaccination on this day.

**COVID:** We once again find ourselves entering a second lockdown and with that a whole range of worries and difficulties. Unlike the first lockdown in the spring of this year schools are remaining open. Here at Dame Dorothy we are doing our very best to ensure that we stay as safe as possible for children, staff and all our families. I would ask everyone of you to follow the latest guidance so that we can get through this terrible time without having to send year group classes home to self-isolate. School gives the children a sense of routine and normality that they desperately need.

School greatly appreciates the way families have worked with us over the past weeks to make sure we follow the latest COVID guidance. A reminder that if any household member is showing symptoms and requires a test that from that moment their children cannot attend school until a negative test is returned and the school office have seen proof of that.

IF THERE ARE ANY POSITIVE TESTS FROM ANY CHILD OR HOUSEHOLD MEMBER, SCHOOL MUST BE INFORMED IMMEDIATELY in any of the following ways.

- Out of school hours number 07933934954 (Weekend)
- Message via Facebook
- Message via School Gateway

Remember if any members of the household have any symptoms then seek a test; the children **must not** come into school.

**If your child is unable to remove their earrings then they must not be worn on PE days. PE is a curriculum subject and all children need to be taking part. This also applies to After School Clubs. Please contact the office to sign an earring form if you have not already done so. Thank you for your continued support.**

**The Safeguarding designated people are; Mr Williamson, Mrs Pearson and Mrs Burdon. The Anti-Bullying Coordinators for the school are; Mrs Burdon and Mrs**



**Safeguarding Governor  
—Mrs Roberts.**



**Mental Health and Well-Being Champion - Miss Baker.**

