

Dame Dorothy Primary School

Children's Anti-Bullying Policy



We have put together this Anti-Bullying Policy so you, our Dame Dorothy Primary School pupils, can understand what you and others need to do if you or somebody is being bullied.

What is Bullying?

It is when someone or a group of people hurts another person or group, physically or emotionally on purpose over and over again.

What will school staff do if you or someone you know is being bullied?



Bullying can take lots of forms and sometimes you do not realise that it is happening. It can be:

<p>PHYSICAL</p> <p>Kicking, hitting, pushing, taking and damaging belongings.</p>	<p>VERBAL</p> <p>Name calling, taunting, mocking, making nasty comments, making threats.</p>
<p>EMOTIONAL</p> <p>Leaving people out, deliberately ignoring, gossiping, spreading rumours.</p>	<p>CYBER-BULLYING</p> <p>Bullying using text messages, phone calls, face book, email and in chat rooms.</p>

Talk to the person being bullied and help them by understanding and listening.

Talk to everyone involved so that they understand all of the facts.

Talk to the bully but don't be accusing, help the bully to realise what they have done is wrong and see if they need any support.

If it is possible, get the bully and the victim together to resolve the situation.

Talk to the parents of all involved, let them know what is happening and offer advice.

What should your parents do?

Find out all of the facts.

Try not to get angry or more involved.

Ask you what you want them to do.

Provide help, listen and understand.

Contact the school.



What should I do if I am being bullied?

You must tell someone, try not to fight back. If it is cyber bullying block them.

What should I do if I know someone who is being bullied?

Let them know where to get help from, and encourage them to tell an adult. Talk and listen to the person being bullied.

Don't take sides.

